



# MENTORING & COACHING:

## TRAINING RESOURCE MANUAL



## *Mentoring & Coaching: Training Resource Manual*

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### *Mentoring & Coaching: Preview*

*Mentoring & Coaching: Training Resource Manual* (2009) provides an extensive process that enriches and improves mentoring and coaching efforts with principals and their school support teams as they seek to improve teaching and learning in their own schools. The school benefits from having support and guidance from a trained mentor who uses effective coaching skills – such as fostering analysis and asking powerful questions – to examine behaviors that accelerate progress toward school objectives. This manual focuses on expanding the capacity of mentors to work with school principals in a coaching process to assist school support teams in improving student achievement.

The value of mentor coaching is extensive and reaches out to both individuals and collaborative teams. School support teams, for example, benefit from increased knowledge of school reform strategies, recommendations, and tools, while individuals benefit from increased interactions with colleagues. Improving the quality of school leadership is one of many benefits for school districts. In turn, those who serve as mentors also benefit in a variety of ways, including having personal and professional satisfaction from sharing professional expertise.

While there are many reasons to provide mentor coaching for principals, school support teams, and school districts, enhancing the learning environment for students is at the top of the list. The training resource manual outlines strategic implementation of a successful mentor coach program that includes mentor coach relationships, improvement strategies, professional development activities, and research-based professional resources. The manual includes strategies for gathering data, supporting reflection and self-analysis, and reinforcing the changes needed for identified reform and improvements. The manual provides guidance for those who desire to be effective mentor coaches and for those who wish to benefit from the services of a mentor coach.

### *Mentoring & Coaching: Purchase information*

This copyrighted manual is available for purchase from the Virginia Foundation for Educational Leadership. Send inquires to [Kassandra.Cahill@edleader.org](mailto:Kassandra.Cahill@edleader.org).